



BIRTHDAY PARTY GUIDELINES

Dear Parent,

Thank you for choosing to have your child's Birthday Party at GymnastiKids. To ensure your child's day is a special event we have put together some birthday guidelines. The following are a few things you should remember when preparing for your party & a typical schedule of a party here at GymnastiKids.

- * Prepare and mail out invitations supplied by GymnastiKids
- * Bring party supplies: napkins, plates, cups, party favors, decorations....
- * Order/Make birthday cake (We suggest cupcakes)
- * Bring drinks (Juice boxes work best)
- * Call GymnastiKids with number of R.S.V.P.'s
- * Remind parents of children to bring their signed release form located on their invitation.
(All children must provide us with a SIGNED release)
- * Please arrive 15 minutes before the Party.
- * Every child that is in the play area counts as a paying participant
- * Parents are asked to stay off any equipment.
- * We recommend opening presents at home to give you more time to celebrate!



So you get an idea of how a party is run here is an example of times and activities for a typical 2 hour party running from 3:00-5:00.

2:45 - 3:00	Gym available to parents for decorating and preparation
3:00 - 3:10	Guests arrive and release forms are collected. Children prepare for party.
3:10 - 3:20	Children gather in Gym area. Rules are explained. Running games and warm up.
3:20 - 4:10	Gymnastics fun and games.
4:10 - 4:40	Food/Cake/Refreshments
4:40 - 4:50	Ending game if time allows.
4:50 - 5:00	Gymnastics activities end. Children and parents prepare for departure.



Thank you for your cooperation regarding our guidelines.
If you have any questions please feel free to call our office.
We look forward to making your child's birthday a memorable one!!



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